

of FISTA relies on an upper bound on the algorithmic step-size, which depends on the inverse of the Lipschitz constant L . Practically, the estimation of L may be pessimistic and/or costly, which may result in unnecessary small step-size values. To avoid this, several backtracking strategies have been proposed based either on monotone (Armijo-type) [11] or adaptive updates [41].

Interestingly, when the function F satisfies additional growth assumptions such as strong convexity or quadratic growth, first-order methods may provide improved convergence rates. Under such hypotheses, Heavy-Ball type methods provide the fastest convergence rates¹. Such methods rely on a constant-in-time inertial coefficient which is chosen according to $\kappa = \frac{\mu}{L}$ where $\mu > 0$ is the parameter appearing in the growth condition. In fact, κ is the inverse of the condition number and knowing its value is crucial for these methods to reach rates of the form $\mathcal{O}\left(e^{-K\sqrt{\kappa}n}\right)$ for some real constant $K > 0$. We refer the reader to [6, Table 2] for further details and comparisons. Note that in such a setting the Forward-Backward method guarantees in fact a decay of the error in $\mathcal{O}\left(e^{-\kappa n}\right)$ which is much slower since $\kappa \ll 1$ in general. Different approaches requiring the explicit prior knowledge of both strong convexity parameters μ_f and μ_h of the functions in (1.1) have been studied in [15, 18, 22] and endowed with possible adaptive backtracking strategies.

In [7] it has been shown that unlike Heavy-Ball methods, FISTA does not significantly benefit from growth-type assumptions. The presence of an inertial coefficient growing with the iterations amplifies the effect of inertia, so the scheme can generate oscillations when the function F is sharp. From a theoretical viewpoint, the decay of the error cannot be better than polynomial although the finite-time behavior of FISTA is close to the one of Heavy-Ball methods. Restarting FISTA for functions satisfying some growth condition is a natural way of controlling inertia, which allows to accelerate the overall convergence. The main idea consists in reinitializing to zero the inertial coefficient based on some restarting condition. Elementary computations show that by restarting every k^* iterations for some k^* depending on $\sqrt{\kappa}$, the worst-case convergence improves to $\mathcal{O}\left(e^{-K\sqrt{\kappa}n}\right)$ for some $K > 0$ [21, 31, 43]. Nonetheless, such restarting rule requires the knowledge of κ and provides slower worst-case guarantees than Heavy-Ball methods. On the other hand, adaptive restarting techniques allow the adaptation of the inertial parameters to F without requiring any knowledge on its geometry (apart from L). In [37], the authors propose heuristic restart rules based on rules involving the values of F or ∇F at each iterate. These schemes are efficient in practice as they do not require any estimate of κ , but they do not enjoy any rigorous convergence rate. Fercoq and Qu introduce in [20] a restarting scheme achieving a fast exponential decay of the error when only a (possibly rough) estimate of μ is available. In [1–3], Alamo et al. propose strategies ensuring linear convergence rates only using information on F or the composite gradient mapping at each iterate. Roulet and d’Aspremont propose in [40] a restarting scheme based on a grid-search strategy providing a fast decay as well. Note that by restarting FISTA an estimate of the growth parameter can be done as shown by Aujol et al. in [8], where fast linear convergence is shown.

Adaptive methods exploiting the geometry of F without knowing its growth parameter μ are useful in practice since estimating μ is generally difficult. In the same

¹We call Heavy-Ball methods the schemes that are derived from the Heavy-Ball with friction system which includes Polyak’s Heavy-Ball method [38], Nesterov’s accelerated gradient method for strongly convex functions [34], iPiasco [36] or V-FISTA [9, Section 10.7.7]

83 spirit, numerical schemes for strongly convex functions where the growth parameter
 84 is unknown are provided by Nesterov in [35, Section 5.3] and by Gonzaga and Karas
 85 in [25]. In the case of strongly convex objectives, Lin and Xiao introduced in [30] an
 86 algorithm achieving a fast exponential decay of the error by automatically estimating
 87 both L and μ at the same time.

88 In this paper we consider a parameter-free FISTA algorithm (called Free-FISTA)
 89 with provable accelerated linear convergence rates of the form $\mathcal{O}(e^{-K\sqrt{\kappa n}})$ for func-
 90 tions satisfying the quadratic growth condition:

91 (1.2)
$$(\exists \mu > 0) \quad \text{s.t.} \quad (\forall x \in \mathbb{R}^N) \quad \frac{\mu}{2} d(x, X^*)^2 \leq F(x) - F^*,$$

92 assuming that both the growth parameter $\mu > 0$ and the Lipschitz smoothness pa-
 93 rameter $L > 0$ of ∇f are unknown. By a suitable combination of existing previous
 94 work combining an adaptive restarting strategy for the estimation of μ [8] and a non-
 95 monotone estimation of L performed via adaptive backtracking at each restart [15,41],
 96 Free-FISTA adapts its parameters to the local geometry of the functional F , thus re-
 97 sulting in an effective performance on several exemplar problems in signal and image
 98 processing. The proposed strategy relies on an estimate κ_j of κ which is rigorously
 99 showed to provide a restarting rule that guarantees fast convergence.

100 **2. Preliminaries and notations.** We are interested in solving the convex, non-
 101 smooth composite optimization problem (1.1) under the following assumptions:

- 102 • The function $f : \mathbb{R}^N \rightarrow \mathbb{R}_+$ is convex, differentiable with L -Lipschitz gradient:

103
$$(\exists L \geq 0) \quad (\forall x, y \in \mathbb{R}^N) \quad \|\nabla f(x) - \nabla f(y)\| \leq L\|x - y\|.$$

- 104 • The function $h : \mathbb{R}^N \rightarrow \mathbb{R}_+ \cup \{+\infty\}$ is proper, l.s.c. and convex. Its proximal
 105 operator will be denoted by:

106 (2.1)
$$\text{prox}_h(z) = \arg \min_{w \in \mathbb{R}^N} h(w) + \frac{1}{2}\|w - z\|^2, \quad z \in \mathbb{R}^N.$$

107 For this class of functions a classical minimization algorithm is the Forward-
 108 Backward algorithm (FB) whose iterations are described by:

109
$$x_{k+1} = \text{prox}_{\tau h}(x_k - \tau \nabla f(x_k)), \quad \tau \in \left(0, \frac{2}{L}\right).$$

110 To define in a compact way the Forward-Backward iteration performed on $y \in \mathbb{R}^N$
 111 with a step-size $\tau > 0$, we will use the notation $T_\tau(y) = \text{prox}_{\tau h}(y - \tau \nabla f(y))$. while for
 112 assessing optimality via a suitable stopping criterion, we will consider a condition of
 113 the form $0 \in \partial F(y)$, or, equivalently, $g_\tau(y) = 0$ with the composite gradient mapping
 114 being defined by:

115
$$g_\tau(y) := \frac{y - T_\tau(y)}{\tau} = \frac{1}{\tau} (y - \text{prox}_{\tau h}(y - \tau \nabla f(y))), \quad y \in \mathbb{R}^N.$$

116 This last formulation is convenient for defining an approximate solution to the com-
 117 posite problem, and thus to deduce a tractable stopping criterion:

118 **DEFINITION 2.1** (ε -solution). *Let $\varepsilon > 0$ and $\tau > 0$. An iterate $y \in \mathbb{R}^N$ is said to*
 119 *be an ε -solution of the problem (1.1) if: $\|g_\tau(y)\| \leq \varepsilon$.*

120 Given an estimation $\hat{L} > 0$ of L and a tolerance $\varepsilon > 0$, the exit condition considered
 121 will then read $\|g_{1/\hat{L}}(y)\| \leq \varepsilon$. As a shorthand notation, we also define the class of
 122 functions satisfying (1.2):

123 **DEFINITION 2.2** (Functions with quadratic growth, \mathcal{G}_μ^2). *Let $F : \mathbb{R}^N \rightarrow \mathbb{R} \cup \{+\infty\}$
 124 be a proper l.s.c. convex function with $X^* := \arg \min F \neq \emptyset$. Let $F^* := \inf F$. The
 125 function F satisfies a quadratic growth condition \mathcal{G}_μ^2 for some $\mu > 0$ if:*

$$126 \quad (2.2) \quad (\forall x \in \mathbb{R}^N), \quad \frac{\mu}{2} d(x, X^*)^2 \leq F(x) - F^*.$$

127 Condition (2.2) can be seen as a relaxation of strong convexity. As shown in [13,23]
 128 in a convex setting such condition is equivalent to a global Łojasiewicz property
 129 with an exponent $\frac{1}{2}$. In particular, the following lemma states an implication that is
 130 required in the later sections.

131 **LEMMA 2.3.** *Let $F : \mathbb{R}^N \rightarrow \mathbb{R} \cup \{+\infty\}$ be a proper, l.s.c. and convex function
 132 with a non-empty set of minimizers X^* . Let $F^* = \inf F$. If F satisfies \mathcal{G}_μ^2 for some
 133 $\mu > 0$, then F has a global Łojasiewicz property with an exponent $\frac{1}{2}$:*

$$134 \quad (\forall x \in \mathbb{R}^N), \quad \frac{\mu}{2} (F(x) - F^*) \leq d(0, \partial F(x))^2.$$

135 **3. Free-FISTA.** In this paper we propose a parameter-free restart algorithm
 136 based on the original FISTA scheme proposed by Beck and Teboulle in [10]:

$$137 \quad y_k = x_k + \frac{t_k - 1}{t_{k+1}} (x_k - x_{k-1}), \quad x_{k+1} = \text{prox}_{\tau h}(y_k - \tau \nabla f(y_k)),$$

138 where the sequence $(t_k)_{k \in \mathbb{N}}$ is recursively defined by: $t_1 = 1$ and $t_{k+1} = (1 +$
 139 $\sqrt{1 + 4t_k^2})/2$. For the class of convex composite functions, the convergence rate of
 140 the method is given by [10,33]:

$$141 \quad (\forall k \in \mathbb{N}), \quad F(x_k) - F^* \leq \frac{2L \|x_0 - x^*\|^2}{(k+1)^2}.$$

142 When L is available, a classical strategy introduced in [32] is to restart the algorithm
 143 at regular intervals. Necoara and al. [31] propose an optimized restart scheme, proving
 144 that restarting Nesterov accelerated gradient every $\lfloor 2e\sqrt{\frac{L}{\mu}} \rfloor$ iterations ensures that
 145 $F(x_k) - F^* = \mathcal{O}\left(e^{-\frac{1}{e}\sqrt{\frac{\mu}{L}}k}\right)$ for the class of μ -strongly convex functions. This restart
 146 scheme and its convergence analysis can be extended to composite functions satisfying
 147 some quadratic growth condition \mathcal{G}_μ^2 [31,37].

148 In this paper we consider the case when both the Lipschitz constant L and the
 149 growth parameter μ are unknown. The first main ingredient of our parameter-free
 150 FISTA algorithm is the use of an adaptive backtracking strategy used at each restart to
 151 provide a non-monotone estimation of the local Lipschitz constant L . More precisely,
 152 we propose a backtracking variant of FISTA (FISTA-BT), widely inspired by the
 153 one proposed in [15] and described in Section 3.1. The second main ingredient is an
 154 adaptative restarting approach, described in Section 3.2, taking advantage of the local
 155 estimation of the geometry of F (via online estimations of the parameter $\kappa = \frac{\mu}{L}$) for
 156 avoiding oscillations due to inertia. The main steps of Free-FISTA are the following:
 157 at each restart, given a current iterate r_{j-1} , a fixed number of iterations n_{j-1} and a
 158 current estimation L_{j-1}^+ of the Lipschitz constant L ,

- 159 1. Compute r_j a new iterate and L_j a new estimation of L by performing n_{j-1}
 160 iterations of FISTA-BT algorithm parameterized by the estimate L_{j-1}^+ .
 161 2. Compute an estimation κ_j of the geometric parameter $\kappa = \frac{\mu}{L}$.
 162 3. Update the number n_j of iterations of FISTA-BT for the next restart loop.
 163 It depends on n_{j-1} and on κ_j .
 164 The whole algorithm is carefully described in Section 3.3 and its convergence is proven.
 165 All technical proofs are reported in a dedicated [Appendix A](#).

166 **3.1. Adaptive backtracking.** In order to provide at each restart of Free-FISTA
 167 an estimation of L adapted to the current estimate of the growth parameter, we
 168 describe in the following an instance of FISTA endowed with non-monotone back-
 169 tracking previously considered, e.g., in [41, Algorithm 2] and [15, Algorithm 2] with
 170 $\mu = 0$. Differently from standard approaches following an Armijo-type (i.e. mono-
 171 tone) backtracking rule [11], the use of a non-monotone strategy further allows for a
 172 local decreasing of the estimated valued \hat{L} of L (equivalently, an increasing of τ w.r.t.
 173 to the optimal $1/L$) in the neighborhoods of “flat” points of the function f (i.e. where
 174 L is small), thus improving practical performances.

175 Following [15], the proposed adaptive backtracking strategy is derived from the
 176 classical descent condition holding for FISTA at $x^+ := T_\tau(x)$ with $x \in \mathbb{R}^N$, which
 177 reads: for any $y \in \mathbb{R}^N$,

$$178 \quad (3.1) \quad F(x^+) + \frac{\|y - x^+\|^2}{2\tau} + \left(\frac{\|x^+ - x\|^2}{2\tau} - D_f(x^+, x) \right) \leq F(y) + \frac{\|y - x^+\|^2}{2\tau},$$

179 which is defined in terms of the Bregman divergence $D_f : \mathbb{R}^N \times \mathbb{R}^N \rightarrow \mathbb{R}_+$ associated
 180 to f and defined by: $D_f(x, y) = f(x) - f(y) - \langle \nabla f(y), x - y \rangle$. Choosing $y = x$ in (3.1),
 181 the descent of F between two iterates x and $x^+ = T_\tau(x)$ is at least of:

$$182 \quad (3.2) \quad F(x^+) - F(x) \leq -\frac{\|x^+ - x\|^2}{2\tau}, \quad \text{provided that} \quad D_f(x^+, x) \leq \frac{\|x^+ - x\|^2}{2\tau}.$$

183 This last condition is true whenever $0 < \tau \leq 1/L$. When only a local estimate L_k
 184 of L is available, the idea is to enforce (3.2) by applying a backtracking strategy t
 185 by $\tau_k = \frac{1}{L_k}$: testing a tentative step-size $\tau_k = \tau_{k-1}/\delta$ with $\delta \in (0, 1)$ greater than
 186 the one τ_{k-1} considered at the previous iteration, decrease the step τ_k by a factor
 187 $\rho \in (0, 1)$ as long as condition (3.2) is not satisfied. This condition can be rewritten
 188 as $\frac{2D_f(x^+, x)}{\|x^+ - x\|^2} > \frac{\rho}{\tau_k} = \rho L_k$, where τ_k/ρ denotes the last step before acceptance. Note
 189 that by the condition above, for all $k \geq 0$ there holds:

$$190 \quad (3.3) \quad \tau_k \geq \frac{\rho}{L} \quad \Leftrightarrow \quad L_k \leq \frac{L}{\rho},$$

191 which can be used to get the desired convergence result.

192 The algorithm `FISTA_adaBT` is reported in [Algorithm 1](#). The parameter $L_{min} > 0$
 193 provides a lower bound of the estimated Lipschitz constants at any k , i.e $L_k = \frac{1}{\tau_k} \geq$
 194 L_{min} . This property will be needed to prove the theoretical asymptotic convergence
 195 rate of the global restarting scheme. Such parameter has to satisfy the condition
 196 $L_{min} < L$. However, since this value should be taken as small as possible this condition
 197 is not restrictive and it practically does not affect the choice (3.4). We observe that
 198 whenever $\delta < 1$, the increasing of the algorithmic step-size is attempted at each outer
 199 iteration of [Algorithm 1](#), while, when $\delta = 1$, the same value τ_k estimated at the

Algorithm 1 FISTA + adaptive backtracking, FISTA_adaBT($x^0, n, L_0, L_{min}; \rho, \delta$)

Initializations: $\tau_0 = 1/L_0$, $\rho \in (0, 1)$, $\delta \in (0, 1]$, $x_{-1} = x_0 \in \mathcal{X}$, $t_0 = 1$, L_{min} sufficiently small.

for $k = 0, 1, \dots, n$ **do**

$$(3.4) \quad \tau_{k+1}^0 = \min \left\{ \frac{\tau_k}{\delta}, \frac{1}{L_{min}} \right\};$$

$i = 0$;

repeat

$$(3.5) \quad \begin{aligned} \tau_{k+1} &= \rho^i \tau_{k+1}^0; \\ t_{k+1} &= \frac{1 + \sqrt{1 + 4 \frac{\tau_k}{\tau_{k+1}} t_k^2}}{2}; \\ \beta_{k+1} &= \frac{t_k - 1}{t_{k+1}}; \\ y_{k+1} &= x_k + \beta_{k+1}(x_k - x_{k-1}); \\ x_{k+1} &= \text{prox}_{\tau_{k+1} h}(y_{k+1} - \tau_{k+1} \nabla f(y_{k+1})); \\ i &= i + 1; \end{aligned}$$

until $D_f(x_{k+1}, y_{k+1}) \leq \|x_{k+1} - y_{k+1}\|^2 / 2\tau_{k+1}$

end for

Return $(x_{k+1}, L_{k+1} = \frac{1}{\tau_{k+1}})$

200 previous iterations is used. In both cases, a standard Armijo-type backtracking is
201 then run to adjust possible over-estimations.

202 Convergence of [Algorithm 1](#) is stated in the following Theorem, which is a special
203 case of [[15](#), Theorem 4.6] suited for the particular case $\mu = 0$ (no strong-convexity).

204 **THEOREM 3.1** (Convergence of [Algorithm 1](#) [[15](#)]). *Let $n \in \mathbb{N}$. The sequence*
205 *$(x_k)_{k=0, \dots, n}$ generated by the [Algorithm 1](#) satisfies for all $k = 0, \dots, n$:*

$$206 \quad (3.6) \quad F(x_{k+1}) - F^* \leq \frac{2\bar{L}_{k+1}}{(k+1)^2} \|x_0 - x^*\|^2,$$

207 where, by setting $L_i := 1/\tau_i$ the quantity \bar{L}_{k+1} is defined by:

$$208 \quad (3.7) \quad \bar{L}_{k+1} := \left(\frac{1}{\frac{1}{k+1} \sum_{i=1}^{k+1} \frac{1}{\sqrt{L_i}}} \right)^2.$$

209 The (harmonic) average appearing in (3.6) depends only on the estimates of L
210 performed along the iterations of [Algorithm 1](#). In particular, it does not depend on
211 the unknown value of the Lipschitz constant L . However, recalling (3.3), we have for
212 all $k = 1, \dots, n$, $\rho \bar{L}_{k+1} \leq L$, hence the following bound:

$$213 \quad (3.8) \quad \frac{2\bar{L}_{k+1}}{(k+1)^2} \leq \frac{2L}{\rho(k+1)^2}$$

214 which, plugged in (3.6), entails the well-known convergence rate for FISTA endowed
 215 with Armijo-type backtracking showed, e.g., in [11].

216 *Remark 3.2.* Regarding the choice of the extrapolation rule (3.5), we remark that
 217 in [8] a different update based on [17] was considered to guarantee the convergence of
 218 the iterates of the resulting FISTA scheme. Since the convergence result in Theorem
 219 3.1 cannot be adapted to this different choice in a straightforward manner, we consider
 220 in this work a Nesterov-type update, inspired by previous work [15, 41].

221 We can now state the main proposition (whose proof is detailed in Appendix A.1)
 222 which will be used in the following to formulate the proposed adaptive restarting
 223 strategy described in Subsection 3.2:

224 **PROPOSITION 3.3.** *Let F be a function satisfying \mathcal{H}_L and \mathcal{G}_μ^2 for some $L > 0$ and*
 225 *$\mu > 0$. If $L_{\min} \in [0, L)$, then for any fixed $n \in \mathbb{N}^*$, the sequence $(x_k)_{k=0 \dots n}$ provided*
 226 *by Algorithm 1 satisfies for all $k \in \mathbb{N}$:*

227 (3.9)
$$(i) \quad F(x_{k+1}) - F^* \leq \frac{4L}{\rho\mu(k+1)^2} (F(x_0) - F^*),$$

228 (3.10)
$$(ii) \quad F(x_{k+1}) \leq F(x_0),$$

230 **3.2. Adaptive restarting.** Having provided an estimate of L after one algo-
 231 rithmic restart $j \geq 1$, intuitively, let us now describe the strategy of Free-FISTA.
 232 The structure of the algorithm relies on two main ingredients: a tractable stopping
 233 criterion suitable to cope with the hypothesis that the Lipschitz constant L is not
 234 available, and a strategy to approximate the unknown value of the conditioning pa-
 235 rameter $\kappa = \frac{\mu}{L}$ by a sequence $(\kappa_j)_j$ whose values will be needed to define the number
 236 n_j of inner FISTA-BT iterations to be performed at each restart.

237 **3.2.1. A tractable stopping criterion.** Let $\varepsilon > 0$ be the expected accuracy
 238 and (r_j, L_j) be the j -th output of Algorithm 1 for n_{j-1} iterations at the j -th
 239 restart. When the Lipschitz constant L is available, the notion of ε -solution can be
 240 seen as a good stopping criterion for an algorithm solving the composite optimization
 241 problem for three reasons: first it is numerically quantifiable. Secondly controlling
 242 the norm of the composite gradient mapping is roughly equivalent to having a control
 243 on the values of the objective function. Lastly, it will enable to analyze and compare
 244 algorithms in terms of the number of iterations needed to reach the accuracy ε .

245 **Algorithm 2** Forward-Backward step
 246 with Armijo-backtracking, FB-BT($r, L_0; \rho$)

248 **Require:** $r \in \mathbb{R}^N, L_0 > 0, \rho \in (0, 1)$.

249 $i = 0$

250 **repeat**

251 $\tau = \frac{\rho^i}{L_0}$

252 $r^+ = T_\tau(r)$

253 $i = i + 1$

254 **until** $D_f(r^+, r) \leq \|r^+ - r\|^2 / 2\tau$

255 **Return** $r^+, L^+ = \frac{L_0}{\rho^{i-1}}$

256

When only estimations L_j of L are avail-
 able at each restart, there is no guaran-
 tee that the condition $\|g_{1/L_j}(r_j)\| \leq \varepsilon$
 will enable to control the values of the
 objective functions. To get a tractable
 stopping criterion, we propose to add
 a Forward-Backward step with Armijo
 backtracking before the next restart.
 Such an algorithm, denoted by FB-BT,
 is detailed in Algorithm 2. This extra
 step ensures that the following condition
 holds for all $j \geq 1$:

257 (3.11)
$$D_f(r_j^+, r_j) \leq \frac{L_j^+}{2} \|r_j^+ - r_j\|^2,$$

258 where $(r_j^+ = T_{1/L_j^+}(r_j), L_j^+)$ denote the outputs of [Algorithm 2](#), and $g_{1/L_j^+}(r_j) =$
 259 $L_j^+(r_j - r_j^+)$ with, by construction: $L_j^+ \geq L_j$. Note that the computational cost of the
 260 composite gradient mapping $g_{1/L_j^+}(r_j)$ is therefore very low. The stopping criterion
 261 of Free-FISTA thus reads:

$$262 \quad (3.12) \quad \|g_{1/L_j^+}(r_j)\| \leq \varepsilon.$$

263 The condition (3.12) is a “good” stopping criterion in the sense that it enables to
 264 control the values of the objective function along the iterations. Our analysis relies
 265 on the following Lemma whose proof is detailed in [Appendix A.3](#):

266 **LEMMA 3.4.** *Let F be a function satisfying \mathcal{H}_L and \mathcal{G}_μ^2 for some $L > 0$ and $\mu > 0$.
 267 Then for all $x \in \mathbb{R}^N$ and $\tau > 0$ we have:*

$$268 \quad F(T_\tau(x)) - F^* \leq \frac{2(1 + L\tau)^2}{\mu} \|g_\tau(x)\|^2.$$

269 Applying Lemma 3.4 to the iterate r_j , we get:

$$270 \quad F(r_j^+) - F^* \leq \frac{2(1 + L/L_j^+)^2 \varepsilon^2}{\mu},$$

271 where, importantly, does not require the computation of F^* . In addition, remembering
 272 that the parameter $L_{min} \in (0, L)$ from [Algorithm 1](#) provides a lower bound on the
 273 estimates L_j and that $L_j^+ \geq L_j$, we necessarily have: $L_j^+ \geq L_{min}$ and thus:

$$274 \quad F(r_j^+) - F^* \leq \frac{2(1 + L/L_{min})^2 \varepsilon^2}{\mu}.$$

275 *Remark 3.5.* An alternative choice for L_j following from (3.6) is $L_j = \bar{L}_j$ with

$$276 \quad \bar{L}_j = \left(\frac{1}{\frac{1}{n_{j-1}} \sum_{k=1}^{n_{j-1}} \frac{1}{\sqrt{L_k}}} \right)^2$$

277 being the average (3.7) estimated at the j -th restart. Nonetheless, we prefer $L_j =$
 278 $\frac{1}{\tau_{n_{j-1}}} \leq \frac{L}{\rho}$, as the last estimation of L at the j -th restart approximates the local
 279 smoothness of the functional. Moreover, its value is in general smaller than the value
 280 \bar{L}_j , which, when used for the next call of [Algorithm 1](#) is expected to require fewer
 281 adjustments, thus improving the overall efficiency.

282 **3.2.2. Estimating the geometric parameter κ .** Once the stopping criterion
 283 is well defined, the next issue is to determine the number of FISTA-BT iterations to
 284 perform at each restart. The global principle of our restart scheme is as follows: at
 285 the j -th restart,

- 286 • Compute $(r_j, L_j) = \text{FISTA_adaBT}(r_{j-1}^+, n_{j-1}, L_{j-1}^+, L_{min}; \rho, \delta)$ where r_j is
 287 the iterate computed after n_{j-1} iterations of FISTA_adaBT and L_j the asso-
 288 ciated estimate of the Lipschitz constant L .
- Perform an extra step of backtracking Forward-Backward:

$$(r_j^+, L_j^+) = \text{FB_BT}(r_j, L_j; \rho).$$

- 289 • Update the number of iterations n_j for the next restart.

290 Inspired by [8], the update of the number n_j of iterations relies on the estimation of
 291 the inverse $\kappa = \frac{\mu}{L}$ of the conditioning at each restart loop by comparing the values
 292 $F(r_j) - F^*$ and $F(r_{j-1}) - F^*$ at each restart j . More precisely, applying the first
 293 claim of [Proposition 3.3](#) at the j -th restart, we have: for all $j \in \mathbb{N}^*$

$$294 \quad F(r_j) - F^* \leq \frac{4L}{\rho\mu(n_{j-1} + 1)^2} (F(r_{j-1}^+) - F^*) \leq \frac{4L}{\rho\mu(n_{j-1} + 1)^2} (F(r_{j-1}) - F^*),$$

295 observing that by the property (3.11), we have: $F(r_j^+) \leq F(r_j)$ as explained in
 296 [Subsection 3.1](#). We thus deduce:

$$297 \quad (3.13) \quad (\forall j \in \mathbb{N}^*), \quad \kappa \leq \frac{4}{\rho(n_{j-1} + 1)^2} \frac{F(r_{j-1}) - F^*}{F(r_j) - F^*}.$$

298 Since F^* is often not known in practice and noticing that the application $u \mapsto$
 299 $\frac{F(r_{j-1}) - u}{F(r_j) - u}$ is non decreasing on $[F^*, F(r_j)]$ (since $F(r_j) \leq F(r_{j-1})$), we deduce:

$$300 \quad (\forall j \in \mathbb{N}^*), \quad \kappa \leq \frac{4}{\rho(n_{j-1} + 1)^2} \frac{F(r_{j-1}) - F(r_{j+1})}{F(r_j) - F(r_{j+1})}.$$

301 Using such inequality, it is thus possible to get a sequence $(\kappa_j)_j$ estimating κ at each
 302 restart $j \geq 2$ by comparing $F(r_{j-1}) - F(r_j)$ and $F(r_{j-2}) - F(r_j)$ by defining:

$$303 \quad (3.14) \quad (\forall j \geq 2), \quad \kappa_j := \min_{\substack{i \in \mathbb{N}^* \\ i < j}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)}.$$

304 By construction the sequence $(\kappa_j)_{j \in \mathbb{N}}$ is non-increasing along the iterations :

305 **LEMMA 3.6.** *Let F be a function satisfying \mathcal{H}_L and \mathcal{G}_μ^2 for some $L > 0$ and $\mu > 0$.
 306 Then the sequence $(\kappa_j)_{j \geq 2}$ defined by (3.14) satisfies*

$$307 \quad (3.15) \quad (\forall j \geq 2), \quad \kappa_j \geq \kappa_{j+1} > \kappa.$$

308

309 **3.3. Free-FISTA: structure and convergence results.** Free-FISTA is de-
 310 tailed in [Algorithm 3](#). Note that the ‘free’ dependence on parameters stressed here
 311 relates to the two smoothness and growth parameters, L and μ , respectively. The
 312 hyperparameters $\rho \in (0, 1)$, $\delta \in (0, 1]$, $L_{min} > 0$ required by Free-FISTA to perform
 313 adaptive backtracking and to assess the expected precision ($0 < \varepsilon \ll 1$) do not affect
 314 its convergence properties.

315 To summarize, Free-FISTA [Algorithm 3](#) relies on a few sequences:

- 316 • the sequence $(r_j)_{j \in \mathbb{N}}$ corresponds to the (outer/global) iterates. For all $j > 0$,
 317 r_j is the output of the j -th execution of [Algorithm 1](#) after one extra applica-
 318 tion of [Algorithm 2](#).
- the sequence $(n_j)_{j \in \mathbb{N}}$ refers to the number of estimated iterations of [Algo-](#)
[rithm 1](#) to be performed at the j -th restart. For all $j \geq 0$ we thus have:

$$(r_{j+1}, L_j) = \text{FISTA_adaBT}(r_j^+, n_j; L_j^+, L_{min}; \rho, \delta),$$

319 where (r_j^+, L_j^+) is obtained after an extra Forward-Backward step with back-
 320 tracking applied to (r_j, L_j) .

- 321 • the sequence $(L_j)_j$ estimating L at each restart.

Algorithm 3 Free-FISTA: parameter-free FISTA with adaptive backtracking and restart

require: $r_0 \in \mathbb{R}^N$, $j = 1$, $L_0 > 0$, $L_{min} > 0$, $\rho \in (0, 1)$, $\delta \in (0, 1]$, $0 < \varepsilon \ll 1$
 $n_0 = \lfloor 2C \rfloor$
 $(r_1, L_1) = \text{FISTA_adaBT}(r_0, n_0, L_0, L_{min}; \rho, \delta)$
 $n_1 = \lfloor 2C \rfloor$
 $(r_1^+, L_1^+) = \text{FB_BT}(r_1, L_1; \rho)$
repeat
 $j = j + 1$
 $(r_j, L_j) = \text{FISTA_adaBT}(r_{j-1}^+, n_{j-1}, L_{j-1}^+, L_{min}; \rho, \delta)$
 $\kappa_j = \min_{i < j} \frac{4}{\rho(n_{i-1}+1)^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)}$
if $n_{j-1} \leq C \sqrt{\frac{1}{\kappa_j}}$ **then**
 $n_j = 2n_{j-1}$
else
 $n_j = n_{j-1}$
end if
 $(r_j^+, L_j^+) = \text{FB_BT}(r_j, L_j; \rho)$
until $\|g_{1/L_j^+}(r_j)\| \leq \varepsilon$
return $r = r_j^+$

322 • the sequence $(\kappa_j)_{j \geq 2}$ estimating at each restart the true problem conditioning
323 $\kappa = \mu/L$ by comparing the cost function F at three different iteration points.
324 Let us finally explain our strategy to update the number n_j of iterations required
325 by [Algorithm 1](#) at the j -th restart. Once an estimate κ_j is computed, the strategy
326 performed by Free-FISTA consists in updating n_j using a doubling condition that
327 depends on a parameter $C > 0$ to be defined:

$$328 \quad (3.16) \quad n_{j-1} \leq C \sqrt{\frac{1}{\kappa_j}}$$

329 Thus, Free-FISTA checks whether such condition is fulfilled: if it holds true, then n_{j-1}
330 is considered too small and doubled so that $n_j = 2n_{j-1}$. Otherwise, the number of
331 iterations is kept unchanged. By construction, the sequence $(n_j)_{j \in \mathbb{N}}$ is non-decreasing,
332 and satisfies the following lemma.

333 **LEMMA 3.7.** *Let F be a function satisfying \mathcal{H}_L and \mathcal{G}_μ^2 for some $L > 0$ and $\mu > 0$.*
334 *Then the sequence $(n_j)_{j \in \mathbb{N}}$ provided by [Algorithm 3](#) satisfies*

$$335 \quad \forall j \in \mathbb{N}, \quad n_j \leq 2C \sqrt{\frac{1}{\kappa}}.$$

336 Note that for all $j \geq 2$, the number of iterations n_j is defined according to n_{j-1} ,
337 κ_j and the predefined parameter $C > 0$. The proof of [Lemma 3.7](#) is straightforward
338 by induction: first observe that $n_0 = \lfloor 2C \rfloor \leq 2C \leq 2C \sqrt{\frac{1}{\kappa}}$. Assume that $n_{j-1} \leq$
339 $2C \sqrt{1/\kappa}$. By construction, either [\(3.16\)](#) is satisfied and $n_j = 2n_{j-1} \leq 2C \sqrt{\frac{1}{\kappa_j}} \leq$
340 $2C \sqrt{\frac{1}{\kappa}}$, by monotonicity of $(\kappa_j)_{j \in \mathbb{N}}$ (see [Lemma 3.6](#)), or [\(3.16\)](#) is not satisfied, and
341 $n_j = n_{j-1} \leq 2C \sqrt{1/\kappa}$ by assumption.

342 We can now state the main convergence results of Free-FISTA. Their proof can
 343 be found in [Appendix A.5](#) and [Appendix A.6](#), respectively.

344 **THEOREM 3.8.** *Let F be a function satisfying \mathcal{H}_L and \mathcal{G}_μ^2 for some $L > 0$ and $\mu >$
 345 0 . Let $(r_j)_{j \in \mathbb{N}}$ and $(n_j)_{j \in \mathbb{N}}$ be the sequences provided by [Algorithm 3](#) with parameters
 346 $C > 4/\sqrt{\rho}$ and $\varepsilon > 0$. Then, the number of iterations $1 + \sum_{i=0}^j n_i$ required to guarantee
 347 $\|g_{1/L_j^+}(r_j)\| \leq \varepsilon$ is bounded and satisfies*

$$348 \quad \sum_{i=0}^j n_i \leq \frac{4C}{\log\left(\frac{C^2\rho}{4} - 1\right)} \sqrt{\frac{L}{\mu}} \left(2\log\left(\frac{C^2\rho}{4} - 1\right) + \log\left(1 + \frac{16}{C^2\rho - 16} \frac{2L(F(r_0) - F^*)}{\rho\varepsilon^2}\right) \right).$$

349 **COROLLARY 3.9.** *Let F be as above. If $C > 4/\sqrt{\rho}$, $\varepsilon > 0$ and $L_{\min} \in (0, L)$, then
 350 the sequences $(r_j)_{j \in \mathbb{N}}$ and $(n_j)_{j \in \mathbb{N}}$ provided by [Algorithm 3](#) satisfy*

$$351 \quad F(r_j^+) - F^* = \mathcal{O} \left(e^{-\frac{\log\left(\frac{C^2\rho}{4} - 1\right)}{4C} \sqrt{\kappa} \sum_{i=0}^j n_i} \right).$$

352 *Moreover, the trajectory of total number of FISTA iterates has a finite length and the
 353 method converges to a minimizer $x^* \in X^*$.*

354 *Specifically, if C maximizes $\frac{\log\left(\frac{C^2\rho}{4} - 1\right)}{4C}$, namely $C \approx 6.38/\sqrt{\rho}$, then there exists $K >$
 355 $\frac{1}{12}$ such that the sequences $(r_j)_{j \in \mathbb{N}}$ and $(n_j)_{j \in \mathbb{N}}$ satisfy*

$$356 \quad F(r_j^+) - F^* = \mathcal{O} \left(e^{-\sqrt{\rho}K\sqrt{\kappa} \sum_{i=0}^j n_i} \right).$$

357

358 **Corollary 3.9** states that the Free-FISTA algorithm [3](#) provides asymptotically a
 359 fast exponential decay. This convergence rate is consistent with the one expected for
 360 functions F satisfying \mathcal{H}_L and \mathcal{G}_μ^2 where both the parameters L and μ are unknown
 361 a priori. Note that in this setting Forward-Backward algorithm provides a low ex-
 362ponential decay The variation of Heavy-Ball method introduced in [\[6\]](#), the FISTA
 363 restart scheme introduced in [\[20\]](#) and fixed restart of FISTA require to estimate the
 364 growth parameter to ensure a fast exponential decay. FISTA algorithm has the same
 365 fast decay as Free-FISTA in finite time (see [\[7\]](#)), but with a smaller constant.

366 **4. Numerical experiments.** In this section, we report several applications of
 367 the Free-FISTA [Algorithm 3](#) showing how an automatic estimation of the smoothness
 368 parameter L and the growth parameter μ can be beneficial. The combined approach
 369 is compared with vanilla FISTA [\[11\]](#), FISTA with restart [\[8\]](#) and FISTA with adaptive
 370 backtracking ([Algorithm 1](#)) [\[15\]](#). The first two examples show the advantages of Free-
 371 FISTA in comparison with other schemes, while the last example highlights some
 372 existing limitations of restarting methods. The codes that generate the figures are
 373 available in the following GitHub repository: [https://github.com/HippolyteLBRRR/
 374 Benchmarking-Free-FISTA.git](https://github.com/HippolyteLBRRR/Benchmarking-Free-FISTA.git)

375 **4.1. Logistic regression with ℓ^2 - ℓ^1 -regularization.** As a first example, we
 376 focus on a classification problem defined in terms of a given dictionary $A \in \mathbb{R}^{m \times n}$

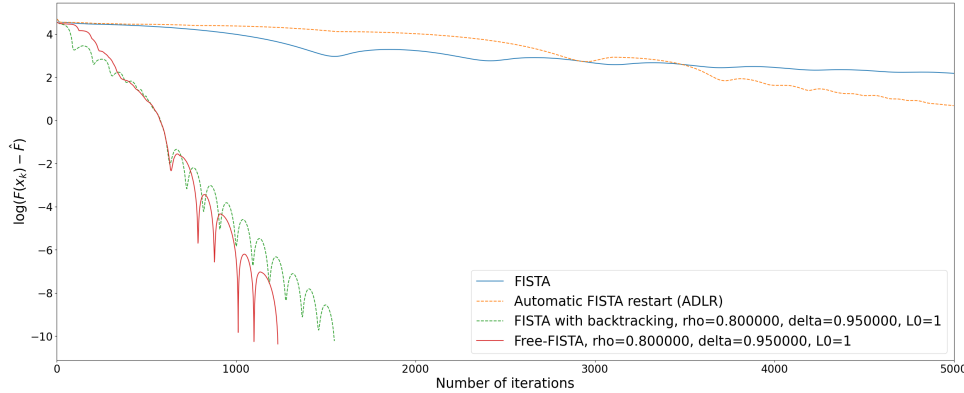


Figure 1: Convergence rates w.r.t. the number of total iterations (backtracking iterations are not taken in account) for problem (4.1).

377 and labels $b \in \{-1, 1\}^m$. We consider the minimization problem:

$$378 \quad (4.1) \quad \min_{x \in \mathbb{R}^n} F(x) := \underbrace{\frac{\lambda_1}{2\|A^T b\|_\infty} \sum_{j=1}^m \log(1 + e^{-b_j a_j^T x})}_{:=f(x)} + \frac{\lambda_2}{2}\|x\|^2 + \underbrace{\|x\|_1}_{:=h(x)},$$

379 where $a_j = (A_{i,j})_i \in \mathbb{R}^m$ is the j -th row of A , $\lambda_1 > 0$ and $\lambda_2 > 0$. By definition,
 380 the value x^* minimizing F is expected to satisfy $\mathbb{P}(b_i = 1|a_i) = \frac{1}{1+e^{-a_i^T x^*}}$ for any
 381 $i \in \llbracket 1, m \rrbracket$. Note that the ℓ^2 term aims to smooth the objective function while the
 382 ℓ^1 regularization sparsifies the solution which helps preventing from overfitting. An
 383 upper estimation of L can easily be computed:

$$384 \quad (4.2) \quad \hat{L} = \frac{\lambda_1 \|A^T b\|^2}{8\|A^T b\|_\infty} + \lambda_2,$$

385 which may be large whenever $\|A^T b\| \gg 1$. We note that the function F satisfies the
 386 assumption \mathcal{G}_μ^2 for some growth parameter $\mu > 0$ whose estimation is not straightfor-
 387 ward. We solve this problem for a randomly generated dataset with $n = 30000$ and
 388 $m = 100$. We compare the following methods:

- 389 • FISTA [11] with a fixed stepsize $\tau = \frac{1}{L}$;
- 390 • FISTA restart [8] with a fixed stepsize $\tau = \frac{1}{L}$,
- 391 • FISTA_adaBT (Algorithm 1) with $\rho = 0.8$ and $\delta = 0.95$,
- 392 • Free-FISTA (Algorithm 3) with $\rho = 0.8$ and $\delta = 0.95$.

393 We set $\lambda_1 = 10$, $\lambda_2 = 3$ and $x_0 \leftarrow \mathcal{U}([-1, 1])$. We get that $\hat{L} \geq 9 \cdot 10^5$ is an upper
 394 bound of L . An estimate of the solution of (4.1) is pre-computed by running Free-
 395 FISTA for a large number of iterations. This allows us to compute for all methods
 396 $\log(F(r_j) - \hat{F})$ with $\hat{F} \approx F^*$.

397 In Figure 1 the convergence rates of each algorithm are compared w.r.t. the total
 398 number of iterations without taking into account the inner iterations required by the
 399 backtracking loops. We observe that the use of the adaptive backtracking accelerates
 400 both FISTA and FISTA restart. The improved efficiency provided by the combination

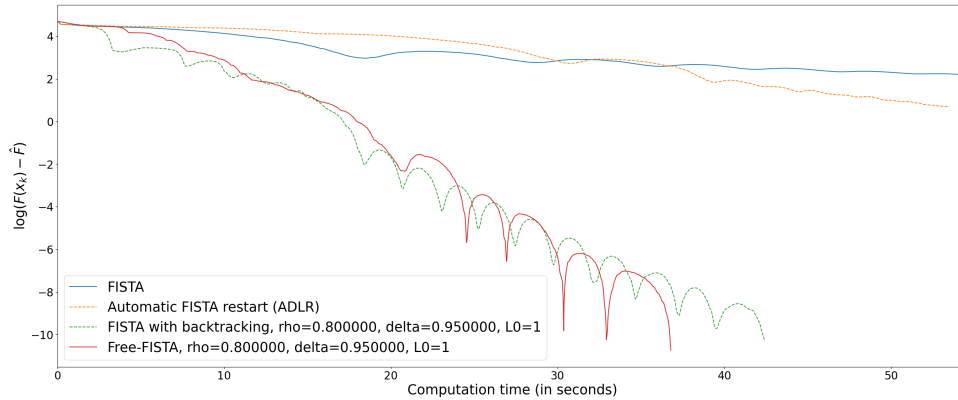


Figure 2: Convergence rates w.r.t. CPU times for problem (4.1).

401 of restarting and backtracking strategies is highlighted since Free-FISTA is the fastest
 402 method. Note, however, that an exhaustive information on the efficiency of each
 403 method can not directly be deduced by this plot as the computational burdens required
 404 by the use of the inner backtracking routines are not reported. We thus complement
 405 our considerations with Figure 2 which allows us to compare the methods w.r.t. the
 406 computation time. One can observe that the additional computations required by the
 407 backtracking strategy do not prevent the corresponding schemes from being faster.

408 Figure 3 shows the convergence rate of Free-FISTA w.r.t. the computation time
 409 for several parameter choices. We take $\rho = 0.8$, $\delta \in \{0.95, 0.995\}$ and $L_0 \in \{1, \hat{L}\}$
 410 where \hat{L} is the upper estimation of the Lipschitz constant of ∇f given in (4.2) and
 411 1 is an arbitrary value. This graph shows that Free-FISTA is not highly sensitive to
 412 parameter variations in this example. Note that the choice $\delta = 0.95$ seems to perform
 413 better than $\delta = 0.995$. Indeed, as the Lipschitz constant of ∇f in this problem is
 414 poorly estimated, taking a small δ allows the scheme to explore different choices more
 415 efficiently. The value of L_0 has a small influence on the overall efficiency of the scheme.

416 Figure 4 gives an overview of the estimations of the Lipschitz constant w.r.t. to
 417 FISTA iterations for each parameter choice. We can see that the theoretical upper
 418 bound $\hat{L} \geq 9 \cdot 10^5$ is significantly large compared to the estimations computed by Free-
 419 FISTA for any set of parameters (the last estimates are approximately equal to 3000).
 420 This explains the substantial performance gap between schemes involving a constant
 421 stepsize and backtracking methods (see Figure 1) as a lower Lipschitz constant allows
 422 larger stepsizes. In addition, Figure 4 shows that a lower value of δ encourages larger
 423 variations of estimates of L per FISTA iteration, allowing for greater flexibility.

424 In Figure 5, we compare the differences observed between choosing a lower or an
 425 upper estimation L_0 of the Lipschitz constant L . Setting L_0 as a lower estimate forces
 426 the backtracking routine to compute a significant number of backtracking iterations
 427 before finding an estimate \hat{L} such that the stepsize $\frac{1}{\hat{L}}$ is admissible. Once this is
 428 done, this estimation is generally tight and the number of backtracking iterations
 429 decreases critically. By taking L_0 as an upper estimate, we observe that the total
 430 number of backtracking iterations is smaller, but the estimation of L stays poor for
 431 several Free-FISTA iterations (see Figure 4). Both approaches are equally efficient
 432 for this example because the high cost of the backtracking routines in the first case is
 433 compensated by the small stepsizes in the first FISTA iterations of the second case.

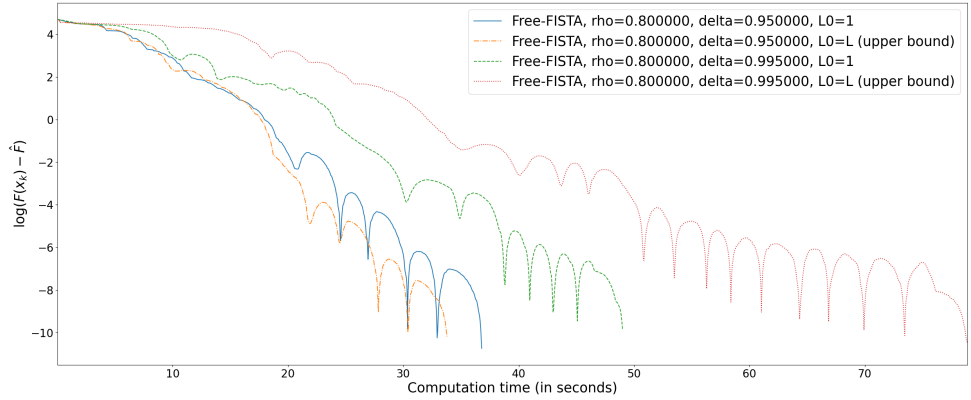


Figure 3: Convergence rates of Free-FISTA for several choices of parameters ρ , δ and L_0 w.r.t. CPU time for problem (4.1).

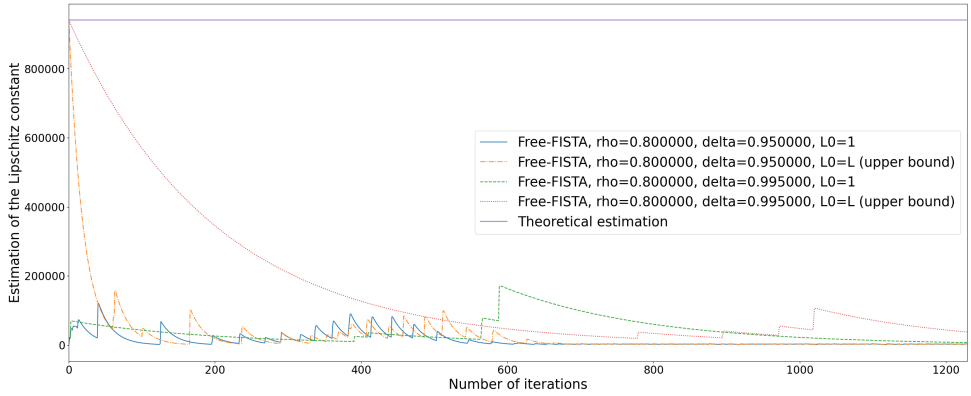


Figure 4: Estimation of the Lipschitz constant of ∇f according to the number of FISTA iterations for problem (4.1).

Algorithm	ρ	δ	Time (s)
FISTA	-	-	28594
FISTA restart	-	-	12825
FISTA_adaBT	0.85	0.95	3292
	0.8	0.95	2348
Free-FISTA	0.85	0.95	1173
	0.8	0.95	989

Table 1: CPU times (mean over 5 runs) of different algorithms solving (4.1) for the dataset *dorothea* ($n = 10^6$ and $m = 800$), $\lambda_1 = 10$, $\lambda_2 = 0.9097$ and $\varepsilon = 10^{-5}$.

We now follow the experiments provided in [20] and consider the dataset *dorothea* ($n = 100000$ and $m = 800$) with $\lambda_1 = 10$ and $\lambda_2 = \frac{\lambda_1 \|A^T b\|^2}{80 \|A^T b\|_\infty n} = 0.9097$. Table 1 compares the efficiency of the backtracking and restarting strategies for this example evaluated in terms of the CPU time required to satisfy the stopping condition with $\varepsilon = 10^{-5}$. One can observe that methods involving adaptive backtracking are significantly faster. Algorithm 3 is the most efficient algorithms, being, in addition, fully automatic. Some

sensitivity to parameters ρ and δ is observed, which, however, does not seem to significantly impact the overall computational gains.

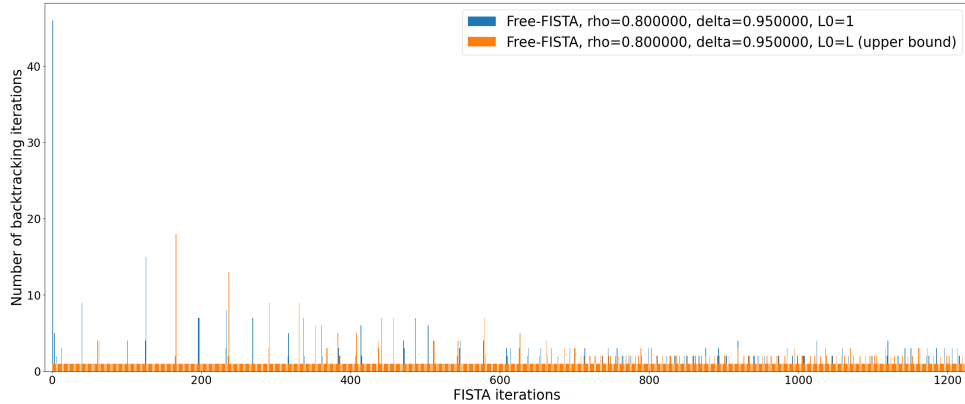


Figure 5: Number of backtracking calls per total FISTA iterations for problem (4.1).

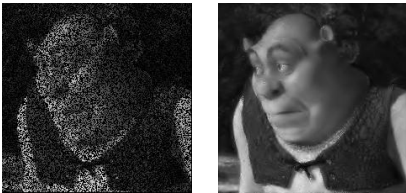


Figure 6: Data for problem (4.3): the damaged image y (left) and an inpainted result (right).

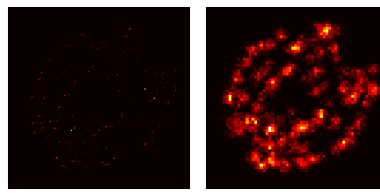


Figure 7: Data for problem (4.5): ground-truth SMLM ISBI13 frame (left), and low-resolution data (right).

449 **4.2. Image inpainting.** We now consider the problem of retrieving an image
 450 $\hat{x} \in \mathbb{R}^N$ from incomplete measurements $y = M\hat{x}$ where $M \in \mathbb{R}^{N \times N}$ is a masking
 451 operator. We consider the regularized approach:

$$452 \quad (4.3) \quad \arg \min_x F(x) := f(x) + h(x) = \frac{1}{2} \|Mx - y\|^2 + \lambda \|Tx\|_1,$$

453 where $T \in \mathbb{R}^{N \times N}$ is an orthogonal transformation ensuring that $T\hat{x}$ is sparse. For
 454 this example we consider \hat{x} to be piece-wise smooth, so that T can be chosen as
 455 an orthogonal wavelet transform. The function F satisfies the growth condition \mathcal{G}_μ^2
 456 for some $\mu > 0$ which is not easily computable. In this case, it is trivial to show
 457 that an estimate of the Lipschitz constant of ∇f is $L = 1$. Therefore, applying a
 458 backtracking strategy may seem superfluous as it involves additional computations.
 459 Nonetheless, we apply the methods previously introduced to test their performance
 460 with/without restarting. These tests are done on a picture with a resolution of $225 \times$
 461 225 pixels, considering the wavelet Daubechies 4 and $\lambda = 2$. Figure 8 shows that
 462 the backtracking procedure slightly improves the convergence of plain FISTA and
 463 FISTA restart w.r.t. the total number of FISTA iterations. Observe that the benefits
 464 of backtracking are not as significant as in the previous example since the estimate
 465 of the Lipschitz constant $L = 1$ is here accurate. In Figure 9 we observe that the
 466 additional backtracking loops do not affect the efficiency of the schemes in terms of
 467 CPU time. In this example, evaluating f is indeed not expensive which explains their
 468 low computational costs. In Figure 10 we compare the performance of Free-FISTA for
 469 different values of δ and in comparison with ADLR. We observe that δ should be taken

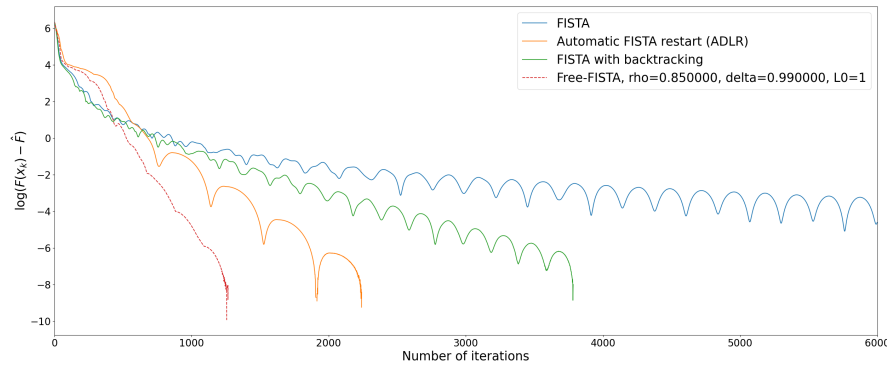


Figure 8: Convergence rates in function values VS. total number of FISTA iterations (backtracking iterations are not taken in account) for problem (4.3).

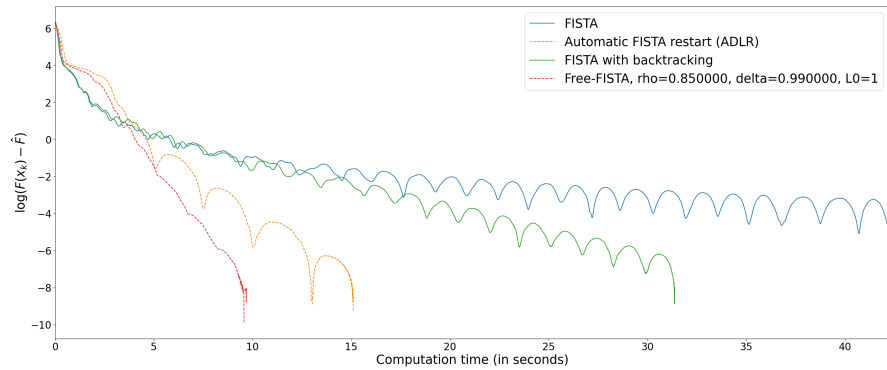


Figure 9: Convergence rates in function values w.r.t the CPU time for problem (4.3).

470 rather large in this case. Contrary to the previous example, if δ is small ($\delta = 0.95$),
 471 Free-FISTA performs many unnecessary backtracking iterations to compensate for
 472 the over-estimation of the step-sizes, which results in longer CPU times. This can be
 473 observed in Figure 11 and Figure 12. By taking $\delta = 0.99$, a more gentle estimation
 474 with less variability of L is observed over time, with fewer backtracking iterations per
 475 FISTA iteration.

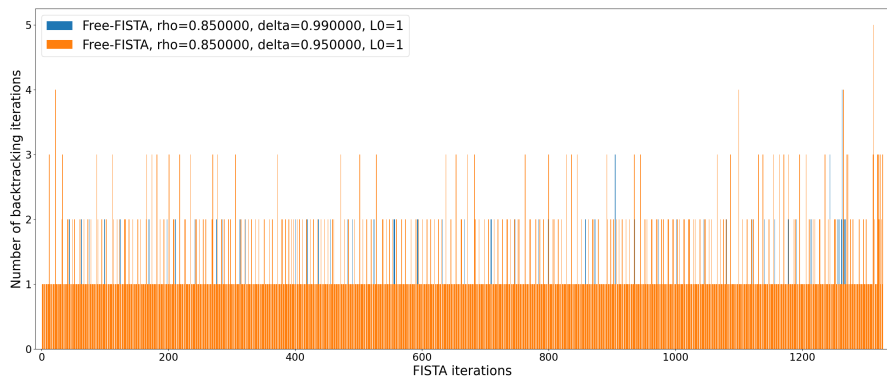


Figure 12: Number of backtracking calls per total FISTA iterations for problem (4.3).

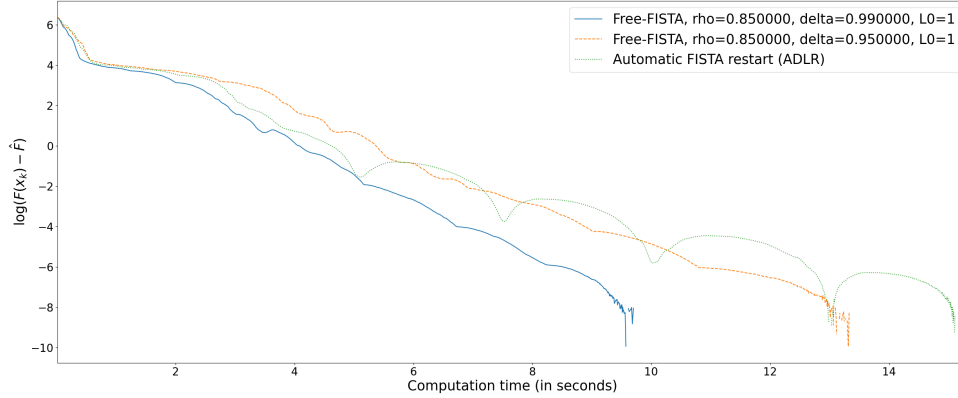
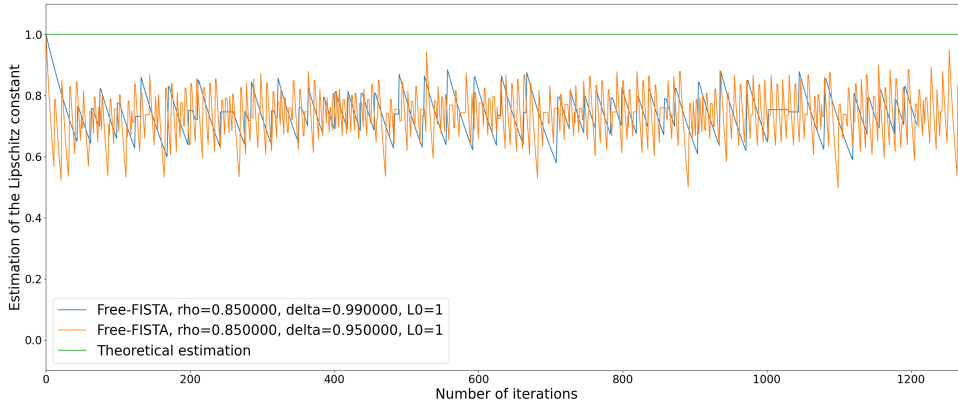


Figure 10: Convergence rates in function values w.r.t the CPU time for problem (4.3).


 Figure 11: Estimation of the Lipschitz constant of ∇f according to the number of FISTA iterations for problem (4.3).

476 **4.3. Poisson image super-resolution with ℓ^1 regularization.** As a last
 477 example, we consider the image super-resolution problem for images corrupted by
 478 Poisson noise, a problem encountered, for instance, in fluorescence microscopy appli-
 479 cations [27, 39]. Given a blurred and noisy image $z \in \mathbb{R}_+^m$, the problem consists in
 480 retrieving a sparse and non-negative image $x \in \mathbb{R}_+^n$ from $z = \mathcal{P}(MHx + b) \in \mathbb{R}^m$
 481 with $m = q^2n$, $q > 1$, where $M \in \mathbb{R}^{m \times n}$ is a q -down-sampling operator of factor,
 482 $H \in \mathbb{R}^{n \times n}$ is a convolution operator computed for a given point spread function
 483 (PSF), $b = \bar{b}e_m \in \mathbb{R}_{>0}^m$ is a positive constant background term² and $\mathcal{P}(w)$ denotes
 484 a realization of a Poisson-distributed m -dimensional random vector with parameter
 485 $w \in \mathbb{R}_+^m$. To model the presence of Poisson noise in the data, we consider the gener-
 486 alized Kullback-Leibler divergence functional [12] defined by:

$$487 \quad (4.4) \quad f(x) = KL(MHx + b; z) := \sum_{i=1}^m \left(z_i \log \frac{z_i}{(MHx)_i + \bar{b}} + (MHx)_i + \bar{b} - z_i \right),$$

²We use the notation e_d to denote the vector of all ones in \mathbb{R}^d .

488 and where the convention $0 \log 0 = 0$ is adopted. We enforce sparsity by means of a ℓ^1
 489 penalty and impose non-negativity of the solution using the indicator function $\iota_{\geq 0}(\cdot)$
 490 of the non-negative orthant, so as to consider:

$$491 \quad (4.5) \quad \min_{x \in \mathbb{R}^n} F(x) := KL(MHx + b, z) + \lambda \|x\|_1 + i_{\geq 0}(x).$$

492 We can compute $\nabla f(x) = (MH)^T e_m - (MH)^T \left(\frac{z}{MHx+b} \right)$. Following [26,39], we have
 493 that ∇f is Lipschitz continuous on $\{x : x \geq 0\}$ and its Lipschitz constant L can be
 494 overestimated by:

$$495 \quad (4.6) \quad L = \frac{\max z_i}{\bar{b}^2} \max((MH)^T e_m) \max(MH e_n).$$

496 The theoretic estimation of L in (4.6) may be significantly large in particular,
 497 when $\bar{b} \ll 1$. Furthermore, as showed in [16], the Kullback-Leibler functional (4.4)
 498 is (locally) 2-conditioned, hence F satisfies \mathcal{G}_μ^2 for some unknown $\mu > 0$. The use of
 499 the Free-FISTA Algorithm 3 thus seems appropriate. Results are showed in Figure
 500 13. For this problem, a clear advantage in the use of Free-FISTA in comparison
 501 with FISTA with adaptive backtracking cannot be observed. We observe that FISTA
 502 with adaptive backtracking is indeed faster in terms of iterations and consequently
 503 in terms of complexity (Free-FISTA requires additional computations being based on
 504 restarts). We argue that the inefficiency of the restarting strategy can be explained
 505 here by the geometry of F in (4.5). The lack of any oscillatory behavior of FISTA
 506 endowed with adaptive backtracking suggests indeed that the function F is flat, or,
 507 in other words, that μ is significantly small. Since restarting methods aim to handle
 508 the excess of inertia and oscillations, it appears not pertinent to apply such a method
 509 in this context.

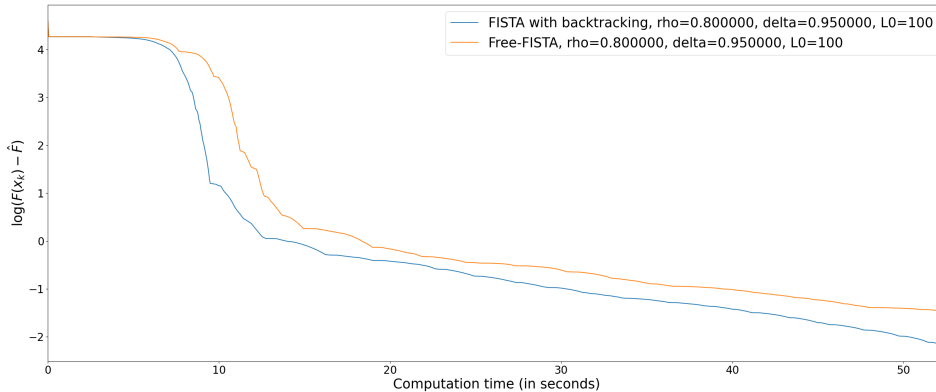


Figure 13: Convergence rates in function values VS. CPU time for problem (4.5).

510 Appendix A. Proofs of the main results.

511 **A.1. Proof of Proposition 3.3.** (i) As F satisfies \mathcal{H}_L for some $L > 0$, **Theo-**
 512 **rem 3.1** combined with (3.8) states that the sequence $(x_k)_{k=1,\dots,n}$ provided by **Algo-**
 513 **rithm 1** satisfies for all $k = 1, \dots, n$

$$514 \quad F(x_{k+1}) - F^* \leq \frac{2L}{\rho(k+1)^2} \|x_0 - x^*\|^2,$$

515 for all $x^* \in X^*$, whence

$$516 \quad (\text{A.1}) \quad F(x_{k+1}) - F^* \leq \frac{2L}{\rho(k+1)^2} d(x_0, X^*)^2.$$

517 Since F further satisfies \mathcal{G}_μ^2 (2.2), we deduce (3.9) by combining (2.2) and (A.1).

518 (ii) At each iteration $k \geq 0$ of Algorithm 1, the following condition is satisfied:

$$519 \quad D_f(x_{k+1}, y_{k+1}) \leq \frac{\|x_{k+1} - y_{k+1}\|^2}{2\tau_{k+1}}.$$

520 As a consequence, the descent condition (3.1) becomes:

$$521 \quad F(x_{k+1}) + \frac{\|x_{k+1} - x_k\|^2}{2\tau^{k+1}} \leq F(x_k) + \frac{\|y_{k+1} - x_k\|^2}{2\tau_{k+1}}$$

$$522 \quad (\text{A.2}) \quad \leq F(x_k) + \frac{(t_k - 1)^2}{t_{k+1}^2} \frac{\|x_k - x_{k-1}\|^2}{2\tau_{k+1}} \leq F(x_k) + \frac{(t_k - 1)^2}{t_{k+1}^2} \frac{\tau_k}{\tau_{k+1}} \frac{\|x_k - x_{k-1}\|^2}{2\tau_k}.$$

$$523$$

524 By definition, there holds $\tau_{k+1}t_{k+1}(t_{k+1} - 1) = \tau_k t_k^2$. Hence:

$$525 \quad \frac{(t_k - 1)^2}{t_{k+1}^2} \frac{\tau_k}{\tau_{k+1}} = \frac{(t_k - 1)^2 t_{k+1} (t_{k+1} - 1)}{t_k^2 t_{k+1}^2} \leq 1,$$

526 hence, from (A.2) we get:

$$527 \quad F(x_{k+1}) + \frac{\|x_{k+1} - x_k\|^2}{2\tau_{k+1}} \leq F(x_k) + \frac{\|x_k - x_{k-1}\|^2}{2\tau_k}$$

528 for all $k \geq 0$, whence we deduce (3.10).

529 **A.2. Proof of Lemma 3.6.** Let $(\kappa_j)_{j \geq 2}$ be the sequence defined by

$$530 \quad \forall j \geq 2, \quad \kappa_j := \min_{\substack{i \in \mathbb{N}^* \\ i < j}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)}.$$

531 We prove in this section that $(\kappa_j)_{j \geq 2}$ is non increasing and bounded from below by
532 the true inverse of the conditioning of the considered optimization problem.

First of all, according to Proposition 3.3, remember that we have (3.13) i.e.

$$\forall i \in \mathbb{N}^*, \quad \kappa \leq \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F^*}{F(r_i) - F^*}.$$

533 Since the application $u \mapsto \frac{F(r_{i-1}) - u}{F(r_i) - u}$ is non decreasing on $[F^*, F(r_i)]$ (since $F(r_i) \leq$
534 $F(r_{i-1})$), we deduce that for all $i \in \mathbb{N}^*$,

$$535 \quad \forall i < j, \quad \kappa \leq \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)}.$$

536 Hence, for a given $j \in \mathbb{N}^*$ and taking the infimum over the indexes $i \in \mathbb{N}^*$ such that
537 $i < j$, we get: $\kappa \leq \kappa_j$. To complete the proof, we have that for all $j \geq 2$:

$$538 \quad \kappa_{j+1} = \min_{\substack{i \in \mathbb{N}^* \\ i < j+1}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_{j+1})}{F(r_i) - F(r_{j+1})} \leq \min_{\substack{i \in \mathbb{N}^* \\ i < j}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_{j+1})}{F(r_i) - F(r_{j+1})}$$

539 by simply observing that in (A.2) the minimum is taken over a larger set. By now
 540 applying (3.10) at the $j + 1$ restart iteration we have that $F(r_{j+1}) \leq F(r_j)$. As
 541 a consequence the function defined by $y \mapsto \frac{F(r_{i-1})-y}{F(r_i)-y}$ is an increasing homographic
 542 function which implies that for all $j \geq 2$:

$$543 \quad \kappa_{j+1} \leq \min_{\substack{i \in \mathbb{N}^* \\ i < j}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_{j+1})}{F(r_i) - F(r_{j+1})} \leq \min_{\substack{i \in \mathbb{N}^* \\ i < j}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)} = \kappa_j.$$

544 **A.3. Proof of Lemma 3.4.** Suppose that F satisfies \mathcal{H}_L and \mathcal{G}_μ^2 for some $L > 0$
 545 and $\mu > 0$. Then, by Lemma 2.3

$$546 \quad \forall x \in \mathbb{R}^N, \quad F(x) - F^* \leq \frac{2}{\mu} d(0, \partial F(x))^2.$$

547 Let now $x \in \mathbb{R}^N$ and $\tau > 0$. By definition (2.1), $x^+ = T_\tau x$ is the unique minimizer
 548 of the function defined by $z \mapsto h(z) + \frac{1}{2\tau} \|z - x + \tau \nabla f(x)\|^2$. Thus, $T_\tau x$ satisfies

$$549 \quad 0 \in \partial h(T_\tau x) + \left\{ \frac{1}{\tau} (T_\tau x - x) + \nabla f(x) \right\},$$

550 which entails: $g_\tau(x) - \nabla f(x) + \nabla f(T_\tau x) \in \partial F(T_\tau x)$. By the L -Lipschitz continuity
 551 of ∇f we can now deduce

$$552 \quad \begin{aligned} & \|g_\tau(x) - \nabla f(x) + \nabla f(T_\tau x)\| \leq \|g_\tau(x)\| + \|\nabla f(T_\tau x) - \nabla f(x)\| \\ 553 & \leq \|g_\tau(x)\| + L \|T_\tau x - x\| \leq (1 + L\tau) \|g_\tau(x)\|. \end{aligned}$$

555 By combining all these inequalities we conclude that

$$556 \quad F(T_\tau x) - F^* \leq \frac{2}{\mu} d(0, \partial F(T_\tau x))^2 \leq \frac{2}{\mu} \|g_\tau(x) - \nabla f(x) + \nabla f(T_\tau x)\|^2 \leq \frac{2(1 + L\tau)^2}{\mu} \|g_\tau(x)\|^2.$$

557 **A.4. Sketch of the proof of Theorem 3.8.** Since the proof is rather technical,
 558 we split it into the following two parts:

- 559 1. We show that there is at least one doubling step every T iterations for a
 560 suitable T . In particular:
 - 561 (a) We suppose that there is no doubling step from $j = s + 1$ to $j = s + T$
 562 for $s \geq 1$.
 - 563 (b) We show a geometrical decrease of $(F(r_{j-1}) - F(r_j))_{j \in \llbracket s+1, s+T \rrbracket}$ where
 564 the factor represents the gain of the j -th execution of Algorithm 1.
 - 565 (c) We state and apply Lemma A.1 (whose proof is given in Subsection A.7)
 566 to show that there exists an upper bound for $\|g_{1/L_{j-1}^+}(r_{j-1})\|$ depending
 567 on $F(r_{j-1}) - F(r_j)$ for all $j \in \llbracket s + 1, s + T \rrbracket$.
 - 568 (d) We show that the geometrical decrease in (b) entails that the exit con-
 569 dition $\|g_{1/L_{j-1}^+}(r_{j-1})\| \leq \varepsilon$ is satisfied for $j = s + T$.
- 570 2. We use 1. to show that the total number of restarting iterations $\sum_{i=0}^j n_i$
 571 is necessarily bounded by $2Tn_j$. The conclusion of Theorem 3.8 thus comes
 572 from Lemma 3.7 providing an upper bound of n_j .

573 **A.5. Proof of Theorem 3.8.** Let $C > \frac{4}{\sqrt{\rho}}$ and $\varepsilon > 0$. We first define

$$574 \quad T := 1 + \left\lceil \frac{\log \left(1 + \frac{16}{C^2 \rho - 16} \frac{2L(F(r_0) - F^*)}{\rho \varepsilon^2} \right)}{\log \left(\frac{C^2 \rho}{4} - 1 \right)} \right\rceil.$$

575 We claim that a doubling step is performed at least every T iterations.
 576 For $s \geq 1$, assume that there is no doubling step for $T - 1$ iterations from $j = s + 1$
 577 to $j = s + T$. This means:

$$578 \quad (\text{A.3}) \quad \forall j \in \llbracket s + 1, s + T \rrbracket, \quad n_{j-1} > C \sqrt{\frac{1}{\kappa_j}},$$

579 whence:

$$580 \quad (\text{A.4}) \quad \forall j \in \llbracket s, s + T \rrbracket, \quad n_j = n_s,$$

581 where the case $j = s$ trivially holds. We deduce that $\forall j \in \llbracket s + 2, s + T \rrbracket$:

$$\begin{aligned} 582 \quad \kappa_j &= \min_{\substack{i \in \mathbb{N}^* \\ i < j}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)} \leq \min_{\substack{i \in \mathbb{N}^* \\ s < i < j}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)} \\ 583 \quad &\leq \min_{\substack{i \in \mathbb{N}^* \\ s < i < j}} \frac{4}{\rho n_{i-1}^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)} \leq \min_{\substack{i \in \mathbb{N}^* \\ s < i < j}} \frac{4}{\rho n_s^2} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)} \\ 584 \quad &\leq \frac{4}{\rho n_s^2} \min_{\substack{i \in \mathbb{N}^* \\ s < i < j}} \frac{F(r_{i-1}) - F(r_j)}{F(r_i) - F(r_j)}, \end{aligned}$$

586 due to (A.4). Using (3.10), we deduce that:

$$587 \quad (\text{A.5}) \quad \forall j \in \llbracket s + 2, s + T \rrbracket, \quad \kappa_j \leq \frac{4}{\rho n_s^2} \frac{F(r_{j-2}) - F(r_j)}{F(r_{j-1}) - F(r_j)}.$$

588 Combining now (A.3) with (A.4) and (A.5) we get:

$$589 \quad n_s > C \sqrt{\frac{1}{\frac{4}{\rho n_s^2} \frac{F(r_{j-2}) - F(r_j)}{F(r_{j-1}) - F(r_j)}}}} = n_s \frac{C \sqrt{\rho}}{2} \sqrt{\frac{F(r_{j-1}) - F(r_j)}{F(r_{j-2}) - F(r_j)}}$$

590 which leads to

$$591 \quad F(r_{j-2}) - F(r_j) > \frac{C^2 \rho}{4} (F(r_{j-1}) - F(r_j)),$$

592 which further entails

$$593 \quad F(r_{j-2}) - F(r_{j-1}) > \left(\frac{C^2 \rho}{4} - 1 \right) (F(r_{j-1}) - F(r_j)).$$

594 Since $C > \frac{4}{\sqrt{\rho}} > \frac{2}{\sqrt{\rho}}$ we now get the following geometric functional decrease.

$$595 \quad (\text{A.6}) \quad F(r_{j-1}) - F(r_j) < \frac{4}{C^2 \rho - 4} (F(r_{j-2}) - F(r_{j-1})).$$

596 We now consider the case $j = s + 1$:

$$\begin{aligned} 597 \quad \kappa_{s+1} &= \min_{\substack{i \in \mathbb{N}^* \\ i < s+1}} \frac{4}{\rho(n_{i-1} + 1)^2} \frac{F(r_{i-1}) - F(r_{s+1})}{F(r_i) - F(r_{s+1})} \leq \frac{4}{\rho(n_{s-1} + 1)^2} \frac{F(r_{s-1}) - F(r_{s+1})}{F(r_s) - F(r_{s+1})} \\ 598 \quad &\leq \frac{4}{\rho \left(\frac{n_s}{2} + 1\right)^2} \frac{F(r_{s-1}) - F(r_{s+1})}{F(r_s) - F(r_{s+1})} \leq \frac{16}{\rho n_s^2} \frac{F(r_{s-1}) - F(r_{s+1})}{F(r_s) - F(r_{s+1})}, \end{aligned}$$

599

600 since $n_s \leq 2n_{s-1}$. By reapplying $C > \frac{4}{\sqrt{\rho}}$, similar computations show that

$$601 \quad (\text{A.7}) \quad F(r_s) - F(r_{s+1}) < \frac{16}{C^2\rho - 16}(F(r_{s-1}) - F(r_s)).$$

602 To carry on with the proof, we now state [Lemma A.1](#) which links the composite
603 gradient mapping g to the function F . The proof is reported in [Appendix A.7](#):

604 **LEMMA A.1.** *Let F satisfy the assumption \mathcal{H}_L for some $L > 0$. Then the sequence*
605 *$(r_j)_{j \in \mathbb{N}}$ provided by [Algorithm 3](#) satisfies*

$$606 \quad \forall j \geq 1, \quad \frac{\rho}{2L} \|g_{1/L_j^+}(r_j)\|^2 \leq F(r_j) - F(r_{j+1}),$$

607 where L_j^+ is an estimate of L provided by [Algorithm 2](#).

608 By [Lemma A.1](#) and recalling inequalities (A.6) and (A.7), we can thus obtain the
609 following sequence of inequalities

$$\begin{aligned} 610 \quad & \frac{\rho}{2L} \|g_{1/L_{s+T-1}^+}(r_{s+T-1})\|^2 \leq F(r_{s+T-1}) - F(r_{s+T}) \\ 611 \quad & \leq \frac{4}{C^2\rho - 4}(F(r_{s+T-2}) - F(r_{s+T-1})) \\ 612 \quad & \leq \left(\frac{4}{C^2\rho - 4}\right)^{T-1} \left(\frac{16}{C^2\rho - 16}\right)(F(r_{s-1}) - F(r_s)) \\ 613 \quad & \leq \left(\frac{4}{C^2\rho - 4}\right)^{T-1} \left(\frac{16}{C^2\rho - 16}\right)(F(r_0) - F^*) \\ 614 \quad & \leq \left(\frac{4}{C^2\rho - 4}\right)^{\left\lceil \frac{\log\left(1 + \frac{16}{C^2\rho - 16} \frac{2L(F(r_0) - F^*)}{\rho\varepsilon^2}\right)}{\log\left(\frac{C^2\rho - 1}{4}\right)} \right\rceil} \left(\frac{16}{C^2\rho - 16}\right)(F(r_0) - F^*) \\ 615 \quad & \leq \left(\frac{4}{C^2\rho - 4}\right)^{\frac{\log\left(1 + \frac{16}{C^2\rho - 16} \frac{2L(F(r_0) - F^*)}{\rho\varepsilon^2}\right)}{\log\left(\frac{C^2\rho - 1}{4}\right)}} \left(\frac{16}{C^2\rho - 16}\right)(F(r_0) - F^*) \\ 616 \quad & \leq \frac{1}{1 + \frac{16}{C^2\rho - 16} \frac{2L(F(r_0) - F^*)}{\rho\varepsilon^2}} \left(\frac{16}{C^2\rho - 16}\right)(F(r_0) - F^*) \leq \frac{\rho\varepsilon^2}{2L}. \end{aligned}$$

618 As a consequence, if there are T consecutive restarts without any doubling of the
619 number of iterations, then the exit condition $\|g_{1/L_j^+}(r_j)\| \leq \varepsilon$ is eventually satisfied.

620 This means that there exists a doubling step at least every T steps and that for all
621 $s \geq 1$ there exists $j \in \llbracket s + 1, s + T \rrbracket$ such that

$$622 \quad n_{j-1} < C \sqrt{\frac{1}{\kappa_j}},$$

623 which implies that $n_j = 2n_{j-1}$. Now, since $(n_j)_{j \in \mathbb{N}}$ is an increasing sequence, we get
624 that $n_{s+T} \geq n_j = 2n_{j-1} \geq 2n_s$, so that

$$625 \quad (\text{A.8}) \quad n_s \leq \frac{n_{s+T}}{2}, \quad \forall s \geq 1.$$

626 Let us now rewrite j as $j = m + nT$ where $0 \leq m < T$ and $n \geq 0$. By monotonicity

627 of $(n_j)_{j \in \mathbb{N}}$ we have

$$628 \quad \sum_{i=0}^j n_i = \sum_{i=0}^{m+nT} n_i = \sum_{i=0}^m n_i + \sum_{l=0}^{n-1} \sum_{i=1}^T n_{m+i+lT} \leq T \sum_{l=0}^n n_{m+lT} = T \sum_{l=0}^n n_{j-lT}.$$

629 According to equation (A.8) we have $n_{j-lT} \leq \frac{n_j}{2^l}$, that is

$$630 \quad n_{j-lT} \leq \left(\frac{1}{2}\right)^l n_j, \quad \forall l \in \llbracket 0, n \rrbracket.$$

631 We thus obtain the following inequalities

$$632 \quad (\text{A.9}) \quad \sum_{i=0}^j n_i \leq T \sum_{l=0}^n n_{j-lT} \leq T \sum_{l=0}^n \left(\frac{1}{2}\right)^l n_j \leq T \sum_{l=0}^{\infty} \left(\frac{1}{2}\right)^l n_j = 2Tn_j.$$

633 Combining (A.9) with Lemma 3.7 we thus finally get the desired result for $j > 0$

$$634 \quad \sum_{i=0}^j n_i \leq 2Tn_j \leq 4C\sqrt{\frac{L}{\mu}}T \leq 4C\sqrt{\frac{L}{\mu}} \left(1 + \left\lceil \frac{\log\left(1 + \frac{16}{C^2\rho - 16} \frac{2L(F(r_0) - F^*)}{\rho\varepsilon^2}\right)}{\log\left(\frac{C^2\rho}{4} - 1\right)} \right\rceil\right) \\ 635 \quad \leq \frac{4C}{\log\left(\frac{C^2\rho}{4} - 1\right)} \sqrt{\frac{L}{\mu}} \left(2\log\left(\frac{C^2\rho}{4} - 1\right) + \log\left(1 + \frac{16}{C^2\rho - 16} \frac{2L(F(r_0) - F^*)}{\rho\varepsilon^2}\right)\right). \\ 636$$

637 **A.6. Proof of Corollary 3.9.** Let F satisfy \mathcal{H}_L and \mathcal{G}_μ^2 for some $L > 0$ and
 638 $\mu > 0$. Let $(r_j)_{j \in \mathbb{N}}$ and $(n_j)_{j \in \mathbb{N}}$ be the sequences provided by Algorithm 3 with
 639 $C > 4/\sqrt{\rho}$, $\varepsilon > 0$ and let $L_{min} \in (0, L)$. We consider the case where the exit
 640 condition $\|g_{1/L_j^+}(r_j)\| \leq \varepsilon$ is satisfied at first for at least $8C\sqrt{\frac{1}{\kappa}}$ iterations. We define
 641 the function $\psi_\mu : \mathbb{R}_+^* \rightarrow \left(8C\sqrt{\frac{1}{\kappa}}, +\infty\right)$ by:

$$642 \quad \psi_\mu : \gamma \mapsto \frac{4C}{\log\left(\frac{C^2\rho}{4} - 1\right)} \sqrt{\frac{L}{\mu}} \left(2\log\left(\frac{C^2\rho}{4} - 1\right) + \log\left(1 + \frac{16}{C^2\rho - 16} \frac{2L(F(r_0) - F^*)}{\rho\gamma}\right)\right).$$

643 By Theorem 3.8, the number of iterations required to ensure $\|g_{1/L_j^+}(r_j)\| \leq \varepsilon$ satisfies
 644 $\sum_{i=0}^j n_i \leq \psi_\mu(\varepsilon^2)$. As ψ_μ is strictly decreasing and $\sum_{i=0}^j n_i > 8C\sqrt{\frac{L}{\mu}}$, we deduce:

$$645 \quad \psi_\mu^{-1}\left(\sum_{i=0}^j n_i\right) \geq \varepsilon^2,$$

646 where ψ_μ^{-1} is the inverse function of ψ_μ . By now applying Lemma 3.4 and since by
 647 construction $L_j^+ \geq L_{min}$, we get:

$$648 \quad (\text{A.10}) \quad F(r_j^+) - F^* \leq \frac{2\left(1 + \frac{L}{L_j^+}\right)^2}{\mu} \|g_{1/L_j^+}(r_j)\|^2 \leq \frac{2\left(1 + \frac{L}{L_{min}}\right)^2}{\mu} \psi_\mu^{-1}\left(\sum_{i=0}^j n_i\right). \\ 649$$

650 Elementary computations show that:

$$651 \quad \psi_\mu^{-1} : n \mapsto \frac{2L}{\rho} \frac{16}{C^2\rho - 16} \frac{1}{e^{-2\log\left(\frac{C^2\rho}{4} - 1\right)} e^{\frac{\log\left(\frac{C^2\rho}{4} - 1\right)}{\frac{4C}{\sqrt{L}}}} \sqrt{\frac{L}{\mu}} n - 1} (F(r_0) - F^*),$$

652 hence from (A.10), we get:

$$653 \quad F(r_j^+) - F^* \leq \frac{4L \left(1 + \frac{L}{L_{\min}}\right)^2}{\rho\mu} \frac{16}{C^2\rho - 16} \frac{1}{e^{-2\log(\frac{C^2\rho-1}{4C})} e^{\frac{\log(\frac{C^2\rho-1}{4C})}{4C} \sqrt{\frac{\rho}{L}} \sum_{i=0}^j n_i} - 1} (F(r_0) - F^*)$$

654 We can thus conclude that

$$655 \quad F(r_j^+) - F^* = \mathcal{O} \left(e^{-\frac{\log(\frac{C^2\rho-1}{4C})}{4C} \sqrt{\kappa} \sum_{i=0}^j n_i} \right).$$

656 We can further maximize the function $C \mapsto \frac{\log(\frac{C^2\rho-1}{4C})}{4C}$ to obtain the optimal value
657 $\hat{C} \approx 6.38/\sqrt{\rho}$. This choice leads to the desired convergence rate:

$$658 \quad F(r_j^+) - F^* = \mathcal{O} \left(e^{-\frac{\sqrt{\rho}}{12} \sqrt{\kappa} \sum_{i=0}^j n_i} \right).$$

659 To conclude the proof, let now $(x_{k,j})_{k \in \llbracket 0, n_j \rrbracket}$ and $(\tau_{k,j})_{k \in \llbracket 0, n_j \rrbracket}$ denote the iterates
660 of [Algorithm 1](#) following the j -th restart and the corresponding step-sizes, respectively.
661 Note that in particular we have $x_{0,j} = r_{j-1}^+$ and $x_{n_j,j} = r_j$. By applying standard
662 arguments as in the proof of [Proposition 3.3](#) (see [Section A.1](#)) we deduce that for any
663 $j \geq 0$ and every $k > 0$:

$$664 \quad F(x_{k,j}) + \frac{\|x_{k,j} - x_{k-1,j}\|^2}{2\tau_{k,j}} \leq F(x_{0,j}).$$

665 Such inequality thus entails:

$$666 \quad \|x_{k,j} - x_{k-1,j}\|^2 \leq 2\tau_{k,j} (F(r_j^+) - F^*) \leq \frac{2}{L_{\min}} (F(r_j^+) - F^*).$$

667 By applying the first claim of this Corollary on the right hand side of the inequality
668 above, we guarantee the existence of $M > 0$ such that for j large enough:

$$669 \quad \forall k \in \llbracket 1, n_j \rrbracket, \quad \|x_{k,j} - x_{k-1,j}\|^2 \leq \frac{2M}{L_{\min}} e^{-\frac{\log(\frac{C^2\rho-1}{4C})}{4C} \sqrt{\kappa} \sum_{i=0}^j n_i},$$

670 which implies that $\sum_{j,k} \|x_{k,j} - x_{k-1,j}\| < +\infty$, showing that the trajectory of the
671 total number of FISTA iterates has finite length.

672 **A.7. Proof of [Lemma A.1](#).** Since by definition $(r_j^+, L_j^+) = \text{FB.BT}(r_j, L_j; \rho)$,
673 for all $j \geq 1$ there holds: $D_f(r_j^+, r_j) \leq \frac{L_j^+}{2} \|r_j^+ - r_j\|^2$, with $r_j^+ = T_{1/L_j^+}(r_j)$ which
674 allows us to specialize the descent condition [\(3.1\)](#) as:

$$675 \quad F(r_j^+) + \frac{L_j^+}{2} \|r_j^+ - x\|^2 \leq F(x) + \frac{L_j^+}{2} \|r_j - x\|^2,$$

676 for all $x \in \mathbb{R}^N$. By choosing $x = r_j$ and by definition of g_{1/L_j^+} we get:

$$677 \quad \frac{1}{2L_j^+} \|g_{1/L_j^+} r_j\|^2 \leq F(r_j) - F(r_j^+).$$

678 Since by (3.3), we further deduce $L_j^+ \leq \frac{L}{\rho}$,

$$679 \quad \frac{\rho}{2L} \|g_{1/L_j^+}(r_j)\|^2 \leq F(r_j) - F(r_j^+).$$

680 Inequality (3.10) ensures $F(r_{j+1}) \leq F(r_j^+)$ which finally entails.

$$681 \quad \frac{\rho}{2L} \|g_{1/L_j^+}(r_j)\|^2 \leq F(r_j) - F(r_{j+1}).$$

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